

Addicted Teens Drug Addiction

Addicts tell their Stories of Abuse, Recovery & Redemption

Resource Guide

Q506DVD

Intended Audience

This program is designed for use with a general high school audience, grades 8-12, home schooler's, teen clubs and social organizations, social service agencies and health departments, hospitals, churches, young offenders facilities and any place where teens, whether normal or troubled can be reached.

Overview

Drugs don't make you a bad person.

But they can destroy you.

No one starts taking drugs with a fundamental desire to be a failure or throw away the best years of their life.

But that's what happens when someone get addicted.

What is it about drugs that can take you down a path of self-destruction and self-hate?

Why would someone take drugs in the first place and why do some users get addicted to drugs and some don't?

How does addiction happen?

Here are real people, telling their real stories of addiction, what happened to them and how hard it was for them to turn their lives around.

It teaches teens that one bad decision could take you 20 years to get out of.

Learning Objectives

Addicted Teens is a documentary series that takes an in-depth look at teen addiction. It provides a personal connection with addicts, abusers, families and those in recovery and talks about the risks of trying drugs, an honest look inside substance abuse and the steps towards recovery. Teens and real experts (*recovering addicts*) discuss their experiences with drug addiction and ex-addicts provide views of their daily battle with this addictive behavior and how they changed their lives. It delivers an unforgettable message that will make teens reconsider their next hit and how addiction can happen to anyone.

Drug Addiction

Illicit drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription drugs used without a prescription. These drugs are chemicals and while each drug produces different physical effects, all abused substances share one thing in common. They hijack the normal function of the brain and change the way the brain responds to issues of self-control, judgment, emotion, motivation, memory and learning. Drugs change the signals coming to and from the brain. Although this can cause temporary euphoria it can also cause hallucinations, anxiety, paranoia and uncontrolled behavior.

Marijuana is the number one gateway drug for teenagers. It is stated that teens who smoke marijuana are 85 times more likely to use other illicit drugs. Many teens do not understand why or how they can become addicted to drugs. It's often mistakenly assumed that drug abusers

lack moral principle or willpower and that they could stop using simply by choosing to change their behavior. In reality, drug addiction is a complex disease and quitting takes more than good intentions or strong will. Because drugs change the brain in ways that foster compulsive drug abuse, quitting and recovery is a lifelong commitment.

Discussion Topics/Questions

What is drug addiction?
The two major causes of addiction
How quickly can someone become addicted to drugs?
The drugs a teen most commonly abuses
Living an addicted life
The worst part about living with drug addiction
Drug cravings
Relapse
Rehab
Long-Term effects of drug use
Long term recovery
A teens advice to other teens

For a complete list of educational programs, please visit our website at www.tmwmedia.com

TMW MEDIA GROUP

2321 Abbot Kinney Blvd., Venice, CA 90291
(310) 577-8581 Fax: (310) 574-0886
Email: sale@tmwmedia.com Web: www.tmwmedia.com
"Producers & Distributors of Quality Educational Media"

© 2015 TMW Media Group, Inc.