

### **Presenting the Program:**

To prepare a lesson plan for each program, please review the suggested outline below.

#### **1) Before Students View the Program:**

If appropriate, assign a brief essay on the student's view of the subject. Have available as many recommended books as possible to help generate class interest and participation. Discuss as a group what each student's advice would be on the subject to other teens. Preview each program and become familiar with the concepts presented. Opinions will vary and no answer should be considered wrong.

#### **2) Students View The Program:**

The first class viewing of the program should be uninterrupted.

#### **3) After the First Viewing:**

Students should be prompted to discuss the views of the teens featured in the program. The students may be asked whom they agreed with most and who they disagreed with most.

#### **4) Second Viewing:**

The second viewing will enforce and help the children remember the subjects that they have just discussed. Students may point out which featured teens opinion they agreed or disagreed with. This viewing may be interrupted as needed to facilitate discussion. Teacher or students may prompt the pausing of the program. The concept of solutions regarding the issues brought up by the students is important to this discussion.

#### **5) Post Activities and Discussion:**

If appropriate - second brief essay may be assigned to compare the difference in the student's opinion before and after the viewing and discussion. Discussion questions may be used to stimulate interest in solutions, reinforce concepts and evaluate student comprehension.

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# **The Real Life Teens Series**

# **STONED at School**

**Q397DVD**

**Teachers Guide**

## Introduction

In this program we will address the epidemic proportions drug use has reached in some high school campuses. Teens will often experiment with mind altering substances, primarily but not limited to alcohol and soft drugs, for many different reasons. The truth is, drugs don't solve problems — they simply hide feelings and problems. When a drug wears off, the feelings and problems remain, or become worse. For those using substances, quitting use is not going to be easy, but continuing down a path of substance abuse, is almost a guarantee of personal failure not only in school, but also in life.

## Learning Objectives

After completing the program students will have an understanding of the consequences of drug and alcohol use and that staying straight is vital to a student's success in school. They will learn that going to school under the influence of drugs or alcohol will impact their academic performance and will have serious consequences on their personal and academic future.

## Discussion Topics/Questions

1. Why do some teens go to school under the influence of drugs or alcohol
2. What are some of the reasons students turn to drugs in the first place
3. What are the effects of heavy marijuana and substance abuse
4. Does substance abuse affect a student's academic performance
5. Dropping out – what are the benefits of staying in school
6. Fitting in – peer pressure
7. What are some of the negative effects of being “Stoned in School”
8. Marijuana use on campus
9. Alcohol abuse – what are the negative effects of using on campus and how can it impact normal school performance
10. Prescription drug abuse
11. Staying Straight
12. The recovery steps to substance abuse