

## ***Introduction***

Pregnancy amongst teenagers is becoming a growing problem in today's society. About 1 million teenagers become pregnant each year and more than 530,000 give birth. Dealing with the responsibility of becoming a parent at a young age is one of the hardest tasks to take on. Many teenagers don't fully understand the large responsibility and full time commitment it takes to raise another human being, when they themselves still have a lot of growing up to do. It is vital that teenagers become educated about sexual responsibility, as well as ways to protect themselves from getting pregnant if they're sexually active.

## ***Learning Objectives***

After completing the program the student will have an understanding of teen pregnancy. Students will discuss why becoming pregnant at a young age (teenage) can have a negative connotation and why these circumstances can be detrimental to the teens future.

## ***Discussion Topics/Questions***

- 1) Why do teenage girls get pregnant & why do they not want to get pregnant?
- 2) Is birth control important if a teen becomes sexually active?
- 3) What are the risk factors for a baby born to a teenage mother rather than a grown women?
- 4) Do teenagers have the proper parenting skills to raise a child?
- 5) Why do pregnant teens tend to drop out of school?
- 6) Are teenage mothers at risk for raising their child in poverty?
- 7) Discuss the many consequences of teenage pregnancy.

## ***Presenting The Program:***

To prepare a lesson plan for each program, please review the suggested outline below.

### **1) Before Students View the Program:**

If appropriate, assign a brief essay on the student's view of the subject. Have available as many recommended books as possible to help generate class interest and participation. Discuss as a group what each student's advice would be on the subject to other teens. Preview each program and become familiar with the concepts presented. Opinions will vary and no answer should be considered wrong.

### **2) Students View The Program:**

The first class viewing of the program should be uninterrupted.

### **3) After the First Viewing:**

Students should be prompted to discuss the views of the teens featured in the program. The students may be asked whom they agreed with most and who they disagreed with most.

### **4) Second Viewing:**

The second viewing will enforce and help the children remember the subjects that they have just discussed. Students may point out which featured teens opinion they agreed or disagreed with. This viewing may be interrupted as needed to facilitate discussion. Teacher or students may prompt the pausing of the program. The concept of solutions regarding the issues brought up by the students and the featured teens is important to this discussion.

### **5) Post Activities and Discussion:**

If appropriate - second brief essay may be assigned to compare the difference in the students opinion before and after the viewing and discussion. Discussion questions may be used to stimulate interest in solutions, reinforce concepts and evaluate student comprehension.

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# **The Real Life Teens Series**

## **Teen Pregnancy**

### **Teacher's Guide**

**Q392DVD**

This Program is designed for a general High School audience, grades 8- 12.