

Introduction

Today's Teens are more likely to abuse prescription and over the counter medications than many other illegal drugs such as Marijuana. Abuse of these drugs to get "high" is now an entrenched behavior among Teens. With the use of these drugs, Teens are damaging their health, experiencing date rape, black outs, becoming unconscious and in some cases, losing their lives. Hear from Real Teens as they discuss their exposure and knowledge of pharmacological drugs, dangerous chemical substances and the harmful effects of steroids.

Learning Objectives

After completing the program students will have a better understanding that drugs and chemicals can change the way their bodies work. Students will see and learn that the effects of drug and substance abuse can ultimately do a lot of harm to the body, the brain and impair a person's ability to make healthy choices.

Drugs including over the counter medications, illegal prescription medications, inhalants, steroid use and date rape drugs can have severe and often irreversible effects and consequences. Drugs don't solve problems. Drugs simply hide feelings and problems.

Discussion Topics/Questions

- 1) What constitutes drug abuse and give examples?
- 2) Why do Teens use drugs, prescription medications, inhalants, steroids and how can Teens avoid being part of the vicious cycle that may lead to dependency?
- 3) What are some of the health issues surrounding drug use?
- 4) How do these Drugs affect the user?
- 5) What are the long term effects of Drug use?
- 6) What are *street names* for GHB & Rohypnol?
- 7) Discuss the effects of Ecstasy or MDMA.
- 8) Abusing prescription medication.
- 9) Methamphetamine or "Meth."
- 10) Teens on Steroids
- 11) Dangerous drug impurities.

Presenting The Program:

To prepare a lesson plan for each program, please review the suggested outline below.

1) Before Students View the Program:

If appropriate, assign a brief essay on the student's view of the subject. Have available as many recommended books as possible to help generate class interest and participation. Discuss as a group what each student's advice would be on the subject to other teens. Preview each program and become familiar with the concepts presented. Opinions will vary and no answer should be considered wrong.

2) Students View The Program:

The first class viewing of the program should be uninterrupted.

3) After the First Viewing:

Students should be prompted to discuss the views of the teens featured in the program. The students may be asked whom they agreed with most and who they disagreed with most.

4) Second Viewing:

The second viewing will enforce and help the children remember the subjects that they have just discussed. Students may point out which featured teens opinion they agreed or disagreed with. This viewing may be interrupted as needed to facilitate discussion. Teacher or students may prompt the pausing of the program. The concept of solutions regarding the issues brought up by the students and the featured teens is important to this discussion.

5) Post Activities and Discussion:

If appropriate - second brief essay may be assigned to compare the difference in the students opinion before and after the viewing and discussion. Discussion questions may be used to stimulate interest in solutions, reinforce concepts and evaluate student comprehension.

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The Real Life Teens Series

Drug Abuse Beyond Alcohol & Marijuana The Thin Line

Q383DVD

This Program is designed for a general High School audience, grades 8- 12.