

## ***Introduction***

This program discusses the effects and repercussions of drug use physically and mentally. It talks about the different types and classifications of drugs and educates teens on the dangers of use and addiction. Teens give their own advice to other teens.

## ***Learning Objectives***

After completing the program the student should have a better understanding of drugs and what their uses and effects are on the body and mind.

The program should help students have a better understanding of the long and short-term health risks and addictive qualities of drugs.

## ***Discussion Topics/Questions***

- 1) How common is drug use among teens?
- 2) Why is drug use dangerous?
- 3) Does peer pressure affect drug use?
- 4) What is the difference between a stimulant drug and a depressant drug?
- 5) Which one is more addictive?

- 6) What is addiction?
- 7) What is the difference between physical and mental addiction?
- 8) What are the correct uses of prescription drugs?
- 9) Can it be dangerous to take a prescription drug that was not prescribed to you?
- 10) List some drugs you have heard of.
- 11) Are there dangerous side effects to those drugs?
- 12) Are those drugs addictive?
- 13) Who should you talk to if you have a drug addiction?
- 14) What resources can you turn to besides those Organizations like Alcoholics Anonymous.

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## ***Presenting the Program***

To prepare a lesson plan for the pre-sentation of each program, review the suggested outline below.

### **1) Before Students View The Program:**

Collect as many recommended books as possible to help generate class interest and participation. Preview each program and become familiar with the concepts that are presented in it.

### **2) Students View The Program:**

The first viewing if possible should be uninterrupted.

### **3) After The First Viewing:**

Illicit discussion of what the students have seen and heard. The next view-ing will be enriched by this general discussion.

### **3) Second Viewing:**

The program may be viewed again, this time with attention to detail. The teacher should feel free to stop and question students regarding:

- 1) What is happening in a visual?
- 2) The major concepts.

### **4) Post Activities and Discussion:**

Discussion questions for this program may be used to stimulate further interest, reinforce concepts and evaluate student comprehension.

# The Real Life Teens Series

## Drugs

### ***TEACHER'S GUIDE***

Q336

This program is designed for a general high school audience, grades 8-12.