

Introduction

This program discusses the effects and consequences of alcohol use. It outlines the effects that alcohol consumption has on the body and describes some of the health risks of short and long term use. The program also summarizes the reasons why teens may chose to drink and points them to people and organizations, which may be of help with substance abuse. Teens share their experience and advice with other teens.

Learning Objectives

After completing the program, the student should have a better understanding of alcohol and its effect on the body, what alcohol dependency is and why a teen may chose to use alcohol. The student should have a better understanding of the risks involved with alcohol use.

Discussion Topics/Questions

- 1) What experience have you had with alcohol?
- 2) What parts of the body are responsible for breaking down alcohol? Which is the main organ responsible?
- 3) Is the effect of alcohol stronger for a male or a female?
- 4) What are some risks involved with alcohol?

- 5) Does alcohol use have anything to do with peer pressure?
- 6) If you chose to drink at a party, what precautions should you take?
- 7) What are some long term health risks involved with alcohol?
- 8) What is alcohol abuse/dependency?
- 9) What are some warning signs to get help?
- 10) Who should you turn to for help with alcohol abuse/dependency?
- 11) Who else can you turn to for help? (Organizations)

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Presenting the Program

To prepare a lesson plan for the pre-sentation of each program, review the suggested outline below.

1) Before Students View The Program:

Collect as many recommended books as possible to help generate class interest and participation. Preview each program and become familiar with the concepts that are presented in it.

2) Students View The Program:

The first viewing if possible should be uninterrupted.

3) After The First Viewing:

Illicit discussion of what the students have seen and heard. The next view-ing will be enriched by this general discussion.

3) Second Viewing:

The program may be viewed again, this time with attention to detail. The teacher should feel free to stop and question students regarding:

- 1) What is happening in a visual?
- 2) The major concepts.

4) Post Activities and Discussion:

Discussion questions for this program may be used to stimulate further interest, reinforce concepts and evaluate student comprehension.

The Real Life Teens Series

Alcohol

TEACHER'S GUIDE

Q335

This program is designed for a general high school audience, grades 8-12.