Introduction

Dating is a major part of high school social life. It should be a positive and enriching experience that will prepare teens for real life. But, too often dating has a darker side. This program covers the dangers and potential negative aspects of dating. Students learn about the harm caused from gossip and some of the common forms of pressure student's face on and off a date. The program also emphasizes the importance of standing up for yourself in high school. It shows why "no" means "no!" and how to make your desires clear.

This program also covers the danger and risks of drugs and alcohol on a date and why these substances can ruin a teen's life. Finally, the program discusses the issue of teen intimacy and sex and how students can make the right choices for their own morality. This program is an essential survival guide to today's teens.

Learning Objectives

After completing the program the student will have a better understanding of dating and how it can effect a teens life.

The program should help students have a better understanding of the positive and negative aspects of dating.

Discussion Topics/Questions

- 1) What is gossip?
- 2) Why is gossip harmful?
- 3) Why is group dating often safer for first dates?
- 4) What part does pressure play in teen dating?
- 5) How can you make dating a positive experience?
- 6) What does it mean to say: "no means no?"
- 7) Why are drugs and alcohol dangerous on a date?
- 8) What are the risks of sexual intimacy and dating?

Presenting the Program

To prepare a lesson plan for the presentation of each program, review the suggested outline below.

1) Before Students View The Program:

Collect as many recommended books as possible to help generate class interest and participation. Preview each program and become familiar with the concepts that are presented in it.

2) Students View The Program:

The first viewing if possible should be uninterrupted.

3) After The First Viewing:

Elicit discussion of what the students have seen and heard. The next viewing will be enriched by this general discussion.

4) Second Viewing:

The program may be viewed again, this time with attention to detail. The teacher should feel free to stop and question students regarding:

- 1) What is happening in a visual?
- 2) The major concepts.

5) Post Activities and Discussion:

Discussion questions for this program may be used to stimulate further interest, reinforce concepts and evaluate student comprehension.

6) Companion Program:

The program has a recommended companion title: Lessons of Love.

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Real Life Teens

Series

The Dark Side Of Dating

TEACHER'S GUIDE

Q345

This program is designed for a general high school audience, grades 8-12.